

Daily Word

A black and white photograph of a forest scene. A path or stream winds through the center of the image, flanked by trees and foliage. The lighting creates strong shadows and highlights, giving the scene a dramatic feel.

OCTOBER 1953

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): I am illumined with the light of divine wisdom.

PROSPERITY (12 noon): My mind merges with the Christ mind, the spiritual source of all supply, and prosperity appears everywhere.

HEALING (9 p.m.): In faith I realize perfect unity with the Christ Mind and I am made every whit whole.

OCT. 20 to OCT 31

ILLUMINATION (11 a.m.): The glory of the Holy Spirit is pouring itself out upon me, and I radiate Truth.

PROSPERITY (12 noon): The heaped-up, pressed-down, and running-over abundance of the Holy Spirit is mine, and I am prospered.

HEALING (9 p.m.): The Holy Spirit is pouring its vitalizing, harmonizing life, strength, and health into and through me.

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DAILY WORD

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No. 4

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Center Photograph—*Grant Heilman*

DAILY LESSONS FOR OCTOBER

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Do Not Believe It!

MARTHA SMOCK

WHAT WE believe is important; and what we do not believe is also important. It is possible that the man who said to Jesus, "Lord, I believe; help thou mine unbelief," meant, "Lord, I believe in God's power to heal; help me not to believe in sickness and death."

Unity teaches affirmation and denial, which is another way of determining what we believe and what we do not believe.

As it answers the letters that it receives requesting help in prayer, Silent Unity denies the negative conditions that persons tell it about. No matter what the conditions may be, its workers silently declare that they do not believe in the power or permanence of negative conditions, and they affirm the healing, restoring power of God.

Individually we need both to affirm and deny in our thoughts and prayers. There are times when we need to take a definite stand in our own minds and say in the face of some condition or experience, "I do not believe in you!"

Even a person who is faithful in prayer and filled with a strong sense of God's presence and

power is not completely free from negative beliefs or from negative suggestions made by others. One does not have to contradict others or be argumentative, but he does need to deny, in his own mind, the truth and the reality of negative beliefs and suggestions.

If there is something we long to do, if we feel urged to develop latent talents and powers and either say to ourselves or have someone else say to us, "It is too late to begin again," let us declare: "I do not believe it! Now is the time. It is never too late to express God or to call forth the powers and abilities with which I was created."

If we ever feel unloved, unwanted or alone, let us say to ourselves: "I do not believe it! I am never alone, for I am forever one with God. He loves me with an everlasting love, and He has made me one with all mankind. Through the love of God I attract love to myself. Through knowing that I am loved, I am able to radiate love and happiness into the lives of others."

If we think of ourselves as getting old, if we look at others and think of them as anything but young and vital and strong, let us deny this thought. Let us say: "I do not believe it! I am one with the eternal, inexhaustible life of Spirit. My strength is renewed; my youth is renewed. My life is ageless, unending."

If ever we are inclined to think that other persons are working against us, that we are being unjustly treated, let us say to ourselves: "I do not believe it! There is no criticism or condemnation in me, for me, or against me. I am under the law of divine love and only good and justice can manifest themselves in my life."

If we long to change but feel that we cannot, that we have too long thought and felt and acted in a certain way, let us rid our minds of such a limiting belief. Let us say: "I do not believe it! I have a free and flexible mind and spirit. I am not bound by old thoughts and old ways. I am a new creature in Christ."

If we are pressed for time and think that we do not have time to do the things we need or want to do, let us remind ourselves of the Truth by saying: "I do not believe it! I have all the time there is. No one has more time than I have. There is no lack of time. I now give thanks for order in my life, order in my thinking, and order in my affairs. I know that as I let God work through me I have time to accomplish, easily and perfectly, all that is required of me."

If we are in bondage to some habit from which we long to be free, but feel that it is impossible for us to quit it, let us declare: "I do not believe it! 'Greater is he that is in you than he that is in

the world.' The Spirit in me is greater than any habit. The Spirit in me now sets me free. I take my stand for freedom, and I have mastery and perfect control."

If we have moments of depression and feel that we are unimportant or unworthy, let us reject this feeling. Let us say: "I do not believe it! I am God's beloved child in whom He is well pleased. I am important to God and to His plan of creation."

If things do not work out in ways that we hope and we are tempted to give up, to admit failure, let us say to ourselves: "I do not believe it! Even though I cannot see just how things are going to work out, I know that all things are working together for good and for success, for God is working in me and through me."

If ever we feel that some difficult situation is impossible of solution, let us declare: "I do not believe it! All things are possible with God!"

If a pronouncement of incurable has been given, let us stand firm in faith. Let us say: "I do not believe it! God is able to heal any and all disease!"

If we think of ourselves or another as inheriting negative conditions of mind or body, let us say to ourselves: "I do not believe it! God is the one source of all, and our inheritance is from

Him. I inherit only life and strength and health. I inherit only a perfect mind and body from God, my Father."

If ever we are dismayed by the prophets of doom and fall into the thought that the world is getting worse, that we shall all be destroyed, let us declare: "I do not believe it! This is God's world, and He is in charge of it. All things are under His love and protection, and there is nothing to fear. 'Therefore will we not fear, though the earth do change.' God is eternal unchanging good, and He is with us forever, our guide, our help, our strength."

In every experience in life we have to take our stand; we have to have courage to say to negation, "I do not believe in you!" We have to have faith to affirm that we believe in God, in His power, His goodness. Let us remember that we are God's children, created in His image and likeness. Let us remember that with God all things are possible and that His power working through us strengthens and heals our bodies, enriches and blesses our affairs, and harmonizes and transforms our lives.

To anything less than God or good, let us say: "I do not believe in you!" To all that shows forth God, let us say with a thankful heart, "'Lord, I believe!'" "

In the Name of Jesus Christ

IMELDA OCTAVIA SHANKLIN

A Reprint

“**W**HATSOEVER ye shall ask in my name, that will I do.”

Jesus Christ expresses God; He expresses only God. The name of Jesus Christ contains the nature of Jesus Christ. When we ask in His name, Jesus Christ does for us that which is in His name.

But if we ask in His name that which His name does not contain, we shall not receive of Him.

If we reach into a box of scrap iron expecting to find diamonds, we shall be disappointed. If we go into a jeweler's and ask him to let us select from his diamond tray, we shall have diamonds offered to us.

If we seek scrap iron in the glittering trays of the jeweler we are sure to be disappointed. A diamond may be accidentally dropped among the iron shards, but no iron shard will find its way into the receptacle of those bright gems that the jeweler so closely guards.

“In my name.”

A man cannot, in the name of Jesus Christ, call evil upon another man. There is no evil in Jesus Christ. If a man ask evil for any reason, he must ask it in the name of his own ignorance. And though he find it, and fellowship with it for a season, it will finally depart from him. Millions are asking in the name of the all-powerful Jesus Christ. They ask for good; and because good is in Jesus Christ, He gives it to those who ask. Good is real; evil is a phantom. The real will dissolve the phantom; and the prayer for good in the name of Jesus Christ will save all men from evil.

A man cannot, in the name of Jesus Christ, gain fame. Human ignorance accords fame, calling one man greater and more worthy than other men. Because fame is the creature of ignorance, it is a phantom. In Jesus Christ are no degrees of honor. All men are sons of God; no man can be more than this; no man can be less. But if a man asks in the name of Jesus Christ for a great realization of his own sonship, Jesus Christ gives him the realization. For perfect realization of the Sonship is in Jesus Christ.

A man cannot, in the name of Jesus Christ, experience adversity, because adversity is not in Jesus Christ. It is a phantom of the human mind, and it can be dissolved by the good that inhabits the name of Jesus Christ. If any man asks of Jesus

Christ the good that dissolves adversity, that good is given to him.

If we ask in the name of Jesus Christ, He will give us anything that is in Himself.

Life is in Jesus Christ. The life in Him is God's life. If we ask life of Jesus Christ, He will give it to us, even the more abundant life which He expressed in Galilee, and which He now expresses in those who ask life through Him—His name.

The peace that passes understanding is in Jesus Christ. If we ask Him to give us peace, as contained in His name, He will give it to us.

Joy is in Jesus Christ. If in His name we ask for joy, He will give us the joy that no man can take from us.

In Jesus Christ are health, understanding, supply, love. If we ask in His name for any or for all of these, He will give them to us.

If we ask Him for a revelation of the treasures hidden in His name, He will give us that.

If we ask in His name to be taught how to ask, He will give us the knowledge and wisdom that we seek.

Lord Jesus Christ, expresser of our Father's goodness, in Thy name we ask Thee to make known to us the nature of Thy name, that through it we may become like Thee. Amen.

Thursday

OCTOBER 1

THROUGH CHRIST IN ME I AM ABLE TO EXPRESS UNDERSTANDING LOVE; I AM ABLE TO FORGIVE FREELY AND COMPLETELY.

IF I find it difficult to forgive freely and completely; if it is not easy for me to forget some mistake or shortcoming on the part of myself or someone else, I need to surrender my thoughts and feelings to the forgiving Christ within. When I acknowledge His presence within myself and others I am able to let go of all thoughts that are unloving and unforgiving; I am able to radiate the love that understands, the love that forgives.

If some situation arises in my life that requires forgiveness, whether it is the belief that another has wronged me or some mistake I have made, I turn to the Christ within, and His forgiving love flows through me. I am released from all thought of hurtful experiences of the past; I am released from all unforgiveness of myself or others; I am free, I am forgiven, I am blessed and lifted up mentally, physically, and spiritually.

✿ *For thou, Lord art good, and ready to forgive; and plenteous in mercy unto all that call upon thee.—PSALMS 86:5 (A. V.)*

OCTOBER 2

Friday

I AM POISED AND CONFIDENT, FOR I KNOW THAT GOD IS WORKING THROUGH ME TO BRING FORTH GOOD.

I AM poised and confident in every situation regardless of how difficult or confused it may seem, for I am sure that God is always with me and is directing me to my highest good.

I feel no sense of stress or strain or anxiety in making decisions, for I know that God reveals the right decisions as I remain quiet and confident of His care. I do not rush into activity; I take each task and problem to God first so that He may direct my way and save me time and energy that I might otherwise waste.

I keep my mind on the task at hand, for I know that only in this way can I gain poise. I face each task and problem, knowing that with God's help I can successfully work it out. And I am not dismayed by anything that confronts me.

I am quiet in mind and heart, even while I am friendly and sociable, for God does His work in stillness. I must be quiet to become aware of His presence working through me to bring forth good in my life.

☛ *Be still, and know that I am God.*—PSALMS 46:10.

GOD'S SPIRIT WITHIN ME FILLS ME WITH
ENERGY, LOVE, AND WISDOM.

I AM aware that beneath the inordinate demands of human beings, beneath ills of disposition lies a need for comfort, for assurance. When this need is mine, I want those about me to understand my irritability, my bids for attention. I want them to close their ears to my disgruntled words and to be patient with my difficult attitudes. But I want them to open their hearts to my need.

Others want from me what I want from them. Knowing this, I quickly overlook the surface reactions of another in order to meet him in his heart. When I feel impatient with him, I remember his longing for comforting ministrations and reassuring words.

When there is little I can say or do to help another, I remember God's ministering Spirit within him, and I affirm the victory of this Spirit.

Above all, I remember that God's Spirit within me supplies all the energy, all the love, all the wisdom I need to minister to others in a healing, helpful way.

☛ *Thou shalt love thy neighbor as thyself.*—GAL. 5:14.

OCTOBER 4

Sunday

BY FAITH I LAY HOLD OF THE INFINITE SUBSTANCE OF GOD.

“**N**OW is the time to open your mind and to see plenty. As you do so you will find that there is an increase in your supply. Deny out of mind every thought of lack and affirm the abundance of all good. The infinite substance that infinite Mind has given to you is all about you now, but you must lay hold of it. It is like air, but you must breathe the air to get it. It is yours for the taking, but you must take it. You should cultivate this wonderful power of the mind . . . to lay hold of invisible substance in the mind and by faith bring it forth into manifestation.”

The following prosperity affirmations will be useful in laying hold of the infinite substance of God:

“I trust the universal spirit of prosperity in all my affairs.”

“I am always provided for, because I have faith in Thee as my omnipresent substance.”

“The Spirit of the Lord goes before me this day and makes my way successful and prosperous.”

♣ *As long as he sought Jehovah, God made him to prosper.*—II CHRON. 26:5.

Monday

OCTOBER 5

I AM SUCCESSFUL IN ALL THAT I UNDERTAKE.

I AM NO longer afraid of failure. I eagerly undertake anything that I need or desire to accomplish, knowing that I have more than my human self to depend upon. The Christ Mind, expressing through my mind as a guide and instructor, enables me to overcome obstacles that would otherwise stand in the way of my accomplishment.

Behind each accomplishment there is an inner or spiritual victory. With joy and confidence I undertake anything that I should do. The positive power of the Christ Mind quickens my understanding, steadies my hands, sustains my patience. The positive power of the Christ Mind reveals to me new ideas, new ways to accomplish, new goals to set for myself, new victories to be won.

I am willing to make the necessary changes in my thinking, and fear is changed to courage and faith, dislike is changed to love, and disharmony is changed to peace. I express the positive power of the Christ Mind, and I am successful in all that I undertake.

✿ *We have the mind of Christ.*—I COR. 2:16.

OCTOBER 6

Tuesday

I GIVE THE PAST AND THE FUTURE INTO
GOD'S CARE AND JOYFULLY MEET THE GOOD
THAT IS HERE TODAY.

I LIVE today in God's loving presence and leave the past and the future to His care. I know that only in this way can I be free to experience the good that is here for me. I find my greatest good by living just one day at a time.

With thankful heart I accept the joys this day brings. With faith in God I meet its challenges. I do not waste the energies of my mind or the emotions of my heart in vain regret or anxious longing. I live today in the sure faith that God is with me. I accept His help, His comfort, His strength, His love, and His guidance in order to make of this day an experience that transcends the past and prepares the way for an ever brighter and happier future.

I know that today there is much to be given, much to be accomplished, and I look neither forward nor backward for my good. I accept God's good that is at hand.

☛ *Behold, now is the acceptable time; behold, now is the day of salvation.*—II COR. 6:2.

I BLESS EVERY CHILD OF GOD.

NOTHING is more far-reaching in influence than the cultivation of young minds. There is in every child the makings of a strong, productive individual. But these potentialities must be recognized and tended with patient and persistent encouragement. While this cultivation may entail a demanding routine or monotonous order, it has universal importance, for children are the future. And every effort made to help them think more clearly about themselves and their world is an endowment of spiritual strength for the future.

The adult with this vision has a deeply satisfying place in the scheme of things. Life for him has dedication and purpose. Other values assume secondary importance to the one of communicating Truth to the future by nourishing a young mind to an awareness of his own God-given ability and responsibility.

This vision renews incentive when results are slow in coming, and it gives worthwhileness to the most patience-trying endeavors.

✿ *Train up a child in the way he should go.*—PROV. 22:6.

DIVINE LAW BRINGS MY OWN TO ME.

ALL THAT belongs to me comes to me. Divine law is in constant operation, and it brings me what is my own. My own consciousness, developed by the thoughts I habitually think and the attitudes I habitually maintain, determines the type of experiences that come into my life.

Fear breeds negative experiences, but love brings forth a joyous harvest. Then I would develop a radiant, confident, serene consciousness. I would pray daily for a consciousness of God's presence and power.

I know that all good things are brought into my life through the operation of divine law. This law cannot fail; there can be no miscarriage of justice. The divine law brings me all that is mine.

"Dear Father, I recognize Your divine law, which brings me what belongs to me. Cleanse my consciousness of doubt and fear. Fill my consciousness with Your love, faith, and joy. Let me know Your abundance in all things and know it with faith and power. Amen."

♣ *We know that the law is good, if a man use it lawfully.—I TIM. 1:8.*

I EXPRESS GOD'S LOVE AS PATIENCE AND
KINDNESS.

IN OUR everyday living incidents that irritate us may occur. Other persons may say or do things that seem to us inconsiderate and thoughtless.

Sometimes it appears that another person deliberately does things to make us unhappy or angry. How are we to meet and handle these incidents?

We can work to develop an understanding, compassionate heart. Most of us have said or done things in a moment of thoughtlessness and realized later that we were unkind. We truly wanted to make amends and appreciated understanding and forgiveness on the part of the other person.

Let us remember that if this is true of us it is true of others also, even those who seem to hurt us most. As we keep our hearts filled with God's love and express it as patience and kindness in our dealings with others, we shall be fulfilling the Golden Rule: "Whatsoever ye would that men should do unto you, even so do ye also unto them."

* *A soft answer turneth away wrath.*—PROV. 15:1.

OCTOBER 10

Saturday

I INTRUST ALL THE AFFAIRS OF MY LIFE TO GOD, AND I AM JOYOUSLY PATIENT IN THEIR OUTWORKING.

WE SHOULD not feel that our prayers are not being answered when the situations we pray about are not adjusted immediately.

Disappointment or impatience over the seeming failure of results to be manifested tend to shut off our consciousness from God's eternal willingness to set us free. So let us believe that the moment we seek God's help, His mighty, healing Spirit begins to work from within us.

If we surrender without reservation, healing will be instantaneous. But most of us have deep-seated fears, tensions, doubts, and unforgiving thoughts of which we are not aware, and they must be removed before complete healing can be effected. So, if the outer seems unchanged, let us know that these inner causes are being healed first and that if we persist with patience and joy improvement of the outer will follow.

♣ *The proving of your faith worketh patience . . . let patience have its perfect work, that ye may be perfect and entire, lacking in nothing.—JAS. 1:3, 4.*

Sunday

OCTOBER 11

THY LOVE INFOLDS ME, AND I AM SAFE IN
THY CARE.

THOU art my loving Father. Thy love infolds me. In Thy presence I am safe, and all is well.

I come to Thee, loving Father, in prayer and loving acknowledgment of Thy presence within and around me. I have nothing to fear, for Thou art all good. Thy power is the only power, and I know that Thy loving power is directing my life.

I live in Thee, Father, and Thou livest in me.

I cannot have an appearance of sickness, for Thou art my perfect life. I cannot be alone or unloved, for Thou art closer than my very breath.

I cannot be afraid, for Thou art all-powerful, ever-present good.

I come to Thee in love, knowing that all of my needs are met. My faith in Thee is unshakable.

I thank Thee, Father, for Thy constant care of me and mine. I am relaxed and free.

Thy love infolds me, and I am safe in Thy care.

✿ *I and the Father are one.*—JOHN 10:30.

OCTOBER 12

Monday

I GIVE THANKS THAT CHRIST IS WITH ME,
TEACHING ME HOW TO LIVE IN PEACE AND
CONTENTMENT.

“JESUS showed men how to live in rest and peace, a simple life. Where the simplicity of His teaching is received and appreciated the people change their manner of living, doing away with ostentation and getting down to the simplicity and beauty of the things that are worth while. . . .

The simple life does not imply poverty. . . . It is the natural, free, childlike mode of living, and one never really knows what true prosperity is until one comes into this simplicity and independence of spirit. The simple life is a state of consciousness. It is peace, contentment, and satisfaction in the joy of living and loving, and it is attained through thinking about God and worshipping Him in spirit and in truth.”

The above is quoted from the book *Prosperity*, by Charles Fillmore. Think about these ideas and then affirm: “Christ is with me, teaching me how to live in peace and contentment.”

* *These things have I spoken unto you, that in me ye may have peace.*—JOHN 16:33.

Tuesday

OCTOBER 13

GOD IS BLESSING ME NOW WITH DIVINE COURAGE THAT KNOWS NO DEFEAT. I GO FORTH THIS DAY WITH DAUNTLESS FAITH.

DOES it take courage to face the things before you this day? Then affirm this statement with confidence, for it is true: God is blessing me now with divine courage that knows no defeat.

God has put His Spirit of courage within you, and nothing can defeat His purposes of good in you. It is His Spirit within you that enables you to do all that you need to do today. It is His Spirit that guides you to do all in the right way and that gives you the vision and wisdom to accomplish every task before you.

You can go forth from this moment with wisdom and dauntless courage. You can come through each experience stronger and face each decision with unswerving trust when you know that God is with you.

If there is someone you should like to bless, remember that it is through God's Spirit in him that he is strong, free, and unafraid.

✿ *Fear thou not, for I am with thee . . . I will strengthen thee; yea, I will help thee.*—ISA. 41:10.

OCTOBER 14

Wednesday

MY TRUST IN GOD MAINTAINS MY POISE AND ASSURANCE.

THE PERSON who keeps his mind and heart attuned to the loving, inspiring Spirit within him, the Spirit of God, through the practice of prayer, learns to know himself as equal to the requirements both of his work and his personal life.

We develop personal assurance when we learn that we are not living to compete with others or to win their approval or praise, but to contribute our own gifts to life. We become forthright and worthy; we become individual enough to be agreeably interesting to others, and we are appreciative of others and contribute to their happiness. We gain the inner knowledge and assurance that give us a sense of well-being and poise.

When our trust is in God's Spirit within us, we are able to express our own thoughts and to share our accomplishments with a balanced degree of self-regard and thoughtfulness for the feelings and responses of others.

*In God have I put my trust, I will not be afraid;
What can man do unto me?*

—PSALMS 56:11.

The Tenth Mo

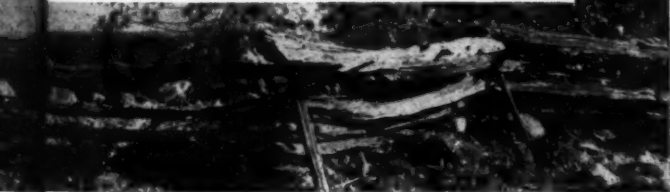
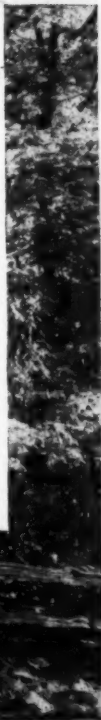


Month ... DOROTHY QUICK

The dandelions yet are bright
Beneath the shelter of the hill,
And yellow butterflies in flight
Cherish the thought of summer still.

There is no hint today of frost,
Where chrome chrysanthemums now gleam,
And not one sunshine ray is lost
Within the tenth month's amber scheme.

The ripened corn, the drying sheaves,
The richness of the goldenrod,
The gilding of the maples' leaves
Proclaim the opulence of God.



Thursday

OCTOBER 15

BY FOLLOWING JESUS CHRIST I LIVE IN HARMONY AND PEACE WITH ALL PERSONS.

WHEN we follow the way of Jesus Christ and do as He instructs, we are happy and harmonious in our human relations.

We learn that if we are to live in harmony with our fellow men we must accept them as they are and not as we should like them to be.

Regardless of the behavior pattern that other persons follow, our own peace of mind and harmony of heart demand that we free them into God's care and keeping, that we realize that each person develops according to his own light and understanding.

We maintain a spirit of peace and harmony when we give the substance of our thought to the love, peace, and harmony of God rather than to differences in thought and attitude in those we meet along the way.

By following Jesus Christ, we learn to live in harmony and peace with all persons. We are relaxed, happy, and free. We are blessed and are a blessing to others.

♣ *Be at peace one with another.*—MARK 9:50.

OCTOBER 16

Friday

MY BODY IS THE TEMPLE OF THE LIVING GOD.
I RADIATE HIS LIFE, HEALTH, STRENGTH, AND
PERFECTION.

WHENEVER I have a need for healing in any part of my body temple, I turn to the unfailing life of God that dwells within my very being. Through faith and prayer I make contact with His limitless, inexhaustible life and strength, and my body responds with health and wholeness. His life flows within and through me, cleansing, revitalizing, and restoring me.

I draw upon the fullness and wholeness of life; I recognize God's life within me and claim the perfection that is mine in Spirit. Every part of my body responds to the life of God. Through prayer the life that is in every nerve, cell, muscle, and organ of my body is quickened into activity, and the mighty healing, rebuilding work is begun.

This very moment God is blessing me with new life, new health, new strength. Every inharmony is healed, and His perfection is now established and expressed in me.

✿ *The spirit giveth life.*—II COR. 3:6.

Saturday

OCTOBER 17

I WILL PAUSE MANY TIMES TODAY TO GIVE THANKS FOR THE MANY BLESSINGS IN MY LIFE.

I DO NOT allow myself to become disgruntled or discouraged about any appearance in my life. Instead, I take time to remind myself of the many blessings I have. When I am tempted to complain about some annoyance or interruption, I will thank God for the patience and understanding to react lovingly. When everything seems to go wrong, instead of feeling myself the victim of unjust circumstances I will thank God for the healing lessons I can learn through these challenges when I meet them with joyous faith.

Above all I will be thankful for the ability to pray, for this is my means of deliverance. No matter how disturbing appearances may be, this does not alter the truth that I am able to pray and can ask others to pray with me. Therefore I rejoice, for I believe that the Spirit of God, through prayer, is guiding me into paths of peace, love, and life.

*Serve Jehovah with gladness:
Come before his presence with singing.*

—PSALMS 100:2.

OCTOBER 18

Sunday

I AM ALIVE WITH THE JESUS CHRIST SPIRIT OF
JOYOUS LIVING.

I AM glad to be alive. Because I know that all life comes forth from God, I rejoice in all life wherever I find it. I believe that wherever there is life and intelligence there is a wondrous indication that God is present and working out some phase of His universal plan. Therefore, every person and thing awakens within me an enthusiastic interest and deep reverence. I feel that it is a priceless privilege to be a part of the living intelligence of God, which is everywhere, and I joyously enter into all the experiences of life that come my way, trusting God to guide me to give generously of myself to others, and to receive graciously what He has for me through them.

I give thanks for a spirit of joyous oneness with all life everywhere, and for a mutual sharing of love and joy with God's children. As I am enthusiastic and interested in life, as I reach out to help and bless others, I experience a spiritual quickening in mind and body.

✿ *I came that they may have life, and may have it abundantly.*—JOHN 10:10.

Monday

OCTOBER 19

I LOOK TO THE WISE SPIRIT WITHIN ME FOR GUIDANCE, AND I ACT WITH DECISION.

MANY times we find ourselves in positions where we must decide issues that affect the lives of other persons. We may hesitate to take the responsibility, but the decisions are up to us. Being conscientious about the good of others, what do we do?

These are the times to remember that we are never alone in making decisions. We have the knowledge accrued from all men's thought and experience to call upon, and we have the dynamic Spirit of God within us for inspiration. Each of us has the wisdom and the ability to make decisions. We may feel that we are not equipped to make decisions in fields outside our knowledge and experience; but when we are called upon to make a decision, we are capable and should believe in this capability.

When we consult with God's wise and loving Spirit we can see with broad enough vision to decide the step ahead, and we cannot fail to further the good of those who look to us.

✿ *I will instruct thee and teach thee in the way which thou shalt go.*—PSALMS 32:8.

OCTOBER 20

Tuesday

THE GLORY OF THE HOLY SPIRIT IS POURING
ITSELF OUT UPON ME, AND I RADIATE TRUTH.

—UNITY ILLUMINATION THOUGHT.

THE UNITY Class Thoughts for the current month direct our attention to the truth that the Spirit of truth, the Holy Spirit, is continually pouring out upon us the light, life, and substance that is from on high.

The Holy Spirit, Divine Mind in perfect activity, is the source of light and the fount of all wisdom. In Genesis we read: "The Spirit of God moved upon the face of the waters. And God said, Let there be light: and there was light."

We are thus told symbolically that our first realization when we experience spiritual awakening is that of light, the light of Truth. When light illumines our minds, we see persons and situations in a new perspective. The glory of the Holy Spirit enables us to see that the transient things of earth are unimportant; only the eternal things of Spirit are important. Henceforth we radiate Truth, because the light abides with us, giving us wisdom and discernment.

☛ *The hour is come; glorify thy Son, that the Son may glorify thee.*—JOHN 17:1.

THE HEAPED-UP, PRESSED-DOWN, AND RUNNING-OVER ABUNDANCE OF THE HOLY SPIRIT IS MINE, AND I AM PROSPERED.—UNITY PROSPERITY THOUGHT.

THE HOLY Spirit is continually pouring its abundance upon us for us to recognize, accept, claim, and use. First of all we must recognize it, for it may be in a form that we have not previously thought of as abundance.

The next step involves our acceptance of the idea that we can be and are being prospered momentarily; that God does not withhold His good from us, but gives it to us "good measure, pressed down, shaken together, running over."

The act of claiming our abundance is to the sense mind presumptuous. It scoffs, "Who are you, to claim God's abundance?" Jesus assures us, "Your reward shall be great, and ye shall be sons of the Most High." The sons of the Most High have a right to their Father's abundance.

Our right use of abundance assures us of continuous and unfailing supply from the infinite divine storehouse.

• *With what measure ye mete it shall be measured to you again.*—LUKE 6:38.

OCTOBER 22

Thursday

THE HOLY SPIRIT IS POURING ITS VITALIZING, HARMONIZING, LIFE, STRENGTH, AND HEALTH INTO AND THROUGH ME. I AM MADE WHOLE.

—UNITY HEALING THOUGHT.

THE HOLY SPIRIT, the Spirit of truth, the spirit of life, is momentarily pouring its vitalizing, harmonizing, life, strength, and health into and through me. I am set free from all inharmonious conditions of ill-health. I abide in the assurance that perfect health is now mine. I realize health; I manifest health; I am healed and made whole.

The vitalizing power of the Holy Spirit fills me with new strength and energy. I recognize and accept this power. I give thanks that I now understand that I am perfect in Divine Mind. I give thanks that I can manifest the life of the Holy Spirit in perfect health of mind and body.

The Holy Spirit fills me with life and vitality. The Holy Spirit makes me strong and well. The Holy Spirit makes me whole, harmonious, and free. I rejoice that I am now perfect.

☛ *The Spirit of truth . . . shall guide you into all the truth . . . and he shall declare unto you the things that are to come.*—JOHN 16:13.

Friday

OCTOBER 23

I EXPRESS THE POSITIVE POWER OF THE CHRIST MIND IN WISDOM, LOVE, AND GOOD JUDGMENT IN HANDLING MY MONEY.

THERE IS a constant need in our daily lives for wisdom, love, and good judgment in handling our money. Most of us feel the need of more supply. But many times our need is not so much more supply as it is more wisdom in handling what we already have.

True prosperity includes not only supply for our needs but the proper management of our affairs. It is not difficult to learn the art of good stewardship.

Through prayer, through depending upon the Christ Mind within us we learn to be good stewards. We learn how to use God's substance in ways that will bring the greatest returns.

When we try to make our money go as far as we can by accepting the wise counsel of God, we open ourselves to receive the abundance He un-failingly pours out upon us.

Let us express the positive power of the Christ Mind in wisdom, love, and good judgment in handling our money.

♣ *Well done, good and faithful servant.*—MATT. 25:21.

OCTOBER 24

Saturday

THE LOVE OF GOD IN MY HEART MAKES ME
LOVING AND KIND TOWARD EVERYONE.

TODAY I shall remember to be loving, kind, patient, and tolerant toward everyone. I shall not allow one thought of prejudice, jealousy, or dislike to enter my mind and disturb my peace. I know that every person is a child of God, and I shall be especially considerate of anyone I meet who seems to need my blessing. Often-times a person may have problems to meet and situations to overcome that cause him to react in ways that seem unloving or unkind.

It is my sacred trust and divine privilege to be just, considerate, kind, and understanding toward my friends, my family, my co-workers, and toward anyone else who needs my blessing. I accept with grace of spirit and love of heart this trust and privilege, and I fulfill it with joy to the best of my ability.

As I am kind to others, I receive only kindness in return; and my life is rich, satisfying, and joyful.

☛ *Owe no man anything, save to love one another; for he that loveth his neighbor hath fulfilled the law.—ROM. 13:8.*

I TAKE TIME TO BEHOLD THE LIVING CHRIST
IN OTHERS.

ONE OF the most healing activities is that of beholding the presence of Christ in others. Nothing takes us so quickly out of our self concerns, and as we declare the truth about others, we also reap benefits ourselves. When we affirm that God is the healing life, the strength, and the protection of another, that same life, strength, and protection bless us as well. To give is to receive. If it is peace we need, let us do what we can to bring peace to others, and we shall have peace. If it is love we need, let us radiate more love to others, and we shall have love. If we would feel the deep friendship of God that never fails or forsakes, let us be such a friend to others, and we shall experience His closeness in our own lives.

As we behold the living Christ in others, as we give them our prayers and blessings, our own awareness of the living Christ in ourselves increases.

✿ *Give, and it shall be given unto you; good measure, pressed down, shaken together, running over, shall they give into your bosom.—LUKE 6:38.*

OCTOBER 26

Monday

ASSURED THAT MY MOTIVES ARE ATTUNED
TO PRINCIPLES OF GOOD, I ABIDE BY MY
OWN INTEGRITY.

WHEN we question ourselves and find that our motives conform to that which is just and helpful to all, we have no need to fear the criticism of others. A person who wants the favor of everyone may have difficulty in maintaining an integrity of his own, because he is swayed this way and that by the opinions of others. But the one who has standards and principles to which he conforms, stands on solid ground in every circumstance.

While it is important to keep the mind flexible in order to enlarge one's thinking, it is more important to take a stand for principles that promote good. When we do take a stand, we have a sound basis for personal success, and we have the respect and faith of others.

If we have a place of authority and responsibility or have only our daily contacts to think about, we do not fear criticism when we have established an integrity of our own, based on principles of good. We act in love and confidence.

✿ *I have walked in mine integrity.*—PSALMS 26:1.

Tuesday

OCTOBER 27

I LET GO OF ALL FEELING OF HURRY OR TENSION. I LET GOD WORK THROUGH ME IN AN ORDERLY WAY AND I HAVE TIME TO DO THE THINGS THAT NEED TO BE DONE BY ME.

LET US affirm peace and poise, faith in God, and willingness to let Him work through us in order and harmony. Let us have faith that through His power we can accomplish all things before us this day. Let us begin the day with prayer, and we shall finish it happily, poised, and with a feeling of accomplishment.

Let us let go of all feeling of hurry or tension. Let us be still within and without. Let us remind ourselves, "Be still, and know that I am God."

God works through us in an orderly way as we open our minds to Him, as we let Him guide us, as we put first things first.

We have time for the things we need to do. This is our assurance. This is the answer to our prayer for today, and in following the leading of Spirit within we successfully accomplish whatever is before us.

*A man's goings are established of Jehovah.
And he delighteth in his way.*

—PSALMS 37:23.

WHEREVER I AM I HAVE WITHIN ME THE QUALITIES NEEDED TO DEVELOP A SATISFYING LIFE.

DO YOU believe that certain outer conditions must prevail before you can be the person you want to be or contribute to life what you want to contribute?

Many persons never know the peace and joy in living that God means for them to know, because they are forever waiting for the time to come when they can begin to live. Satisfying living can be done under all conditions, for it has its beginning in the mind and heart. Those in the most restricted circumstances, even those behind prison bars, can find the inner satisfaction that makes life worth while and productive of good.

Instead of aridity and unproductiveness, there can be a harvest of life's most precious gifts—knowledge, skill, spiritual understanding. And this harvest can be reaped in any environment where a person makes the effort to cultivate the divine qualities that God has implanted in his mind, heart, and soul.

✻ *Behold, I have set before thee a door opened, which none can shut.*—REV. 3:8.

TODAY I PREPARE MYSELF TO RECEIVE THE
BLESSINGS I SEEK.

MANY of us yearn for certain blessings to be made manifest in our lives, yet if they were to appear we should be totally unprepared to make wise use of them. We might even discover that due to our unpreparedness their effect would be disrupting rather than beneficial.

If we prayerfully work toward our highest good, we will be led through inspirational and progressive steps to the blessings we seek. And as we listen to the "still small voice" within we will be instructed in ways of wisdom. As we act on our inner guidance we shall be wise enough to accept and appropriate the blessings at hand for us. In this way we lay hold of our present good, and we prepare ourselves for still greater blessings. If our preparations are to be thorough they must begin with our thoughts and influence our actions.

This assures us that we have planted in "good ground" and shall bring forth "fruit a hundred-fold."

✿ *Prepare ye in the wilderness the way of Jehovah; make level in the desert a highway for our God.—ISA. 40:3.*

OCTOBER 30

Friday

THE ETERNAL GOD IS MY DWELLING PLACE,
AND UNDERNEATH ARE THE EVERLASTING
ARMS.

DEAR FRIEND, if you have been striving with tense mental effort and sheer will power to hold fast to the thought of God and sometimes find it difficult to hold on any longer, relax and let go. Release your tense mental grasp and realize that God is holding on to you. If you cannot seem to keep your mind on Him, stop trying so hard and quietly declare that God is eternally with you. If you do not see the road ahead of you and are undecided as to the proper course to take, relax and affirm that God knows the way and will be your guide.

Look around you into the lives of others and see the loving God infolding them also. Do everything in your power to help them realize that the everlasting arms are supporting them in all they do. As you submerge your being in such quiet trust and love, all fear and tension will leave you, and you will know that God is eternally with you.

*The eternal God is thy dwelling-place,
And underneath are the everlasting arms.*

—DEUT. 33:27.

WHEREVER I AM, GOD IS THERE IN THE FULL-
NESS OF HIS HEALING POWER.

I DO NOT use prayer as an escape from living, but as a means of gaining strength and wisdom to face life victoriously.

Because God is within me and all about me, there is no situation that can cause me to be afraid. I do not pray for God to deliver me from anything or anyone that confronts me, but to give me the wisdom and strength to face everything in a trusting, fearless, and victorious spirit. Since I believe that God is all in all, I do not have to run away from anything. Wherever I stand, I know that He is there in the fullness of His healing power.

God is here this moment, in this situation and in all the personalities that surround me. I do not waste my energy fighting, resisting, and trying to seek ways to escape. I stand still in the knowledge of His presence and give thanks to Him for all the ideas necessary to meet this day victoriously and for the strength to carry them out to the full. If God be for me, who can be against me?

✿ *When thou passeth through the water, I will be with thee . . . when thou walkest through the fire, thou shalt not be burned.*—ISA. 43:2.

This Month IN UNITY



Golden Jubilee Thanks to You

In this Golden Jubilee Year of Unity Society of Practical Christianity, which is the local Unity Center in Kansas City, we wish to send our heartiest thanks to every one who has joined in prayer for the erection of Unity Temple in the Plaza district of Kansas City. We thank everyone who sent loving thoughts to bless this undertaking, and everyone who shared his substance in the form of an offering to help make possible this realization of a dream of years.

Unity Temple today stands as a symbol of the love and faith that has gone into its creation. It stands as a monument to the two great persons who founded the Unity movement and who helped thousands of others to find health, happiness, and prosperity. Every stone, every piece of steel, and every item of equipment from the tiniest screw to the huge organ that pours out the music of God's love is a tribute to the bountiful outpouring of God's substance from friends of Unity all over the world.

In this Golden Jubilee Year, which commem-

orates the fiftieth anniversary of the incorporation of Unity Society, it is fitting that we call to mind the wonderful spirit of love and co-operation that has made Unity Temple possible. And we know that it is this same love and faith that will help to clear the remaining financial obligation of \$315,300 (as of May 1, 1953) and dedicate Unity Temple entirely debt free in this Golden Jubilee Year of 1953.

Many have sent offerings to Unity School of Christianity at Lee's Summit to help in this project, and we sincerely thank you. (Since January 1, 1953, about \$23,000 has been paid on the outstanding obligation. We have forwarded offerings for the Temple that were addressed to Unity School at Lee's Summit on to the Unity Society in Kansas City, Missouri; in the future if you wish to send offerings for Unity Temple, we should appreciate your addressing them to Unity Society of Practical Christianity, 707 West 47th Street, Kansas City, Missouri.

Help us by Renewing Early

During the busy Christmas season nearly 350,000 subscriptions for various Unity periodicals will expire! And this at a time when our office is already stacked high with great piles of Christmas orders!

Will you help us? Will you send in your advance renewal order now, if your subscription expires at any time in the next few months, so that we can handle it before the rush season? Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other person very happy on Christmas morning with a Unity publication. Thank you.

Unity Retreats this Fall

Unity will hold a Fall Retreat from October 18 to 24, and a Harvest Retreat from November 1 to 7. A truly inspiring schedule of talks and exercises has been arranged, so make plans now to attend one of these Retreats.

For more information or to make reservations for attending and participating in either of these two Retreats, write to Registrar, Unity Fall (or Harvest) Retreat in care of Unity School of Christianity, Lee's Summit, Missouri.

God—divine law—works for you at your own level of understanding. You do not have to beseech God and neither do you have to wait until you attain a certain point in spiritual understanding. You have only to return to God and "thou shalt be built up."—Charles Roth in *Good Business*.

A HOPE for HARMONY

Recently a Truth friend in New York wrote, "*Weekly Unity* has become a necessary part of my life. Each week at least one of its articles meets my particular need of the moment, and its contents as a whole never fail to lift my spirit and renew my hope that we, as individuals, by living as closely as possible to the Truth teaching may bring harmony into our own lives and so into the world."

Most thinking people today believe as this friend does that the troubled condition of the world is due to the troubled conditions that exist in millions of individual minds, and therefore that the only hope for harmony in the world is through bringing harmony into each separate heart.

Weekly Unity can aid you in finding harmony. It contains articles, poems, Bible lessons, a column by Lowell Fillmore, letters about answered prayers, and many other useful and inspiring features. Moreover, it comes to you each week like the letters of a faithful friend. *Weekly Unity* will lift your heart, and it will give you a new hope for harmony—in your own affairs and therefore in the world. Subscribe today; it is priced at only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

Announcing

A NEW UNITY BOOK

Be of Good Courage is a collection of short courage-giving articles and poems by the beloved Unity author who was also the first editor of DAILY WORD magazine, Frank B. Whitney. It includes many selections which have never before been published in book form. For convenience, the book is arranged into seven sections for special needs—"Courage," "Today," "Harmony," "Healing," "Prayer," "Inspiration," and "Blessing." Each of these sections is illustrated with a beautiful pen-and-ink drawing by Ilah Marian Kibbey, who does the illustrations in *Weekly Unity*.

As if all this were not enough to make *Be of Good Courage* a most outstanding book, it has another wonderful feature. Unity books have been bound in black for some time. Now, to make them beautifully colorful, the Unity books will be brought out in glowing, jewel-like bindings. *Be of Good Courage* is the first of the procession, and its covers are a rich lustrous green. To be sure of receiving a first edition copy, send in your order for this new book immediately. *Be of Good Courage* is priced at only \$1.

UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

Help During a Strike

A Truth friend in California writes, "While I was saving in my Prosperity Bank to pay for the subscriptions I sent to friends, my husband's place of employment went out on strike. However, my husband found a good extra job for that period, and our needs were abundantly cared for during the three weeks of the strike."

In any financial emergency, help comes easily to those who have learned to cultivate the prosperity habit, as this friend has. You can acquire this habit for yourself quickly and with amazing ease by taking part in the Unity Prosperity Bank plan, for it is designed to serve this very purpose. Write today for your Bank; full instructions for its use will be included.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three **DAILY WORD** subscriptions (one year each) listed below:

1. Name _____

Street _____

City _____ State _____

2. Name _____

Street _____

City _____ State _____

3. Name _____

Street _____

City _____ State _____

SENDER'S NAME _____

Street _____

City _____ State _____

Please indicate postal zone number, if cities are so divided. D-10-33

New **CHILDREN'S BOOK**

Unity has just published *The Seven Spartans*, a book of children's stories by Lawrent Lee. It contains fourteen stories about the seven members of the Spartan Club, who try to live up to the ancient ideals of Spartan courage in their own modern world.

Spartan stories have been appearing in *Wee Wisdom* magazine since 1925, and they have always been immensely popular with both boys and girls. Many times the editor of *Wee Wisdom* has received letters from groups of children who formed clubs in emulation of the Spartans.

One of the Spartan clubs was formed in a suburb of Kansas City, and all its members have now grown up. One is a fashion designer, one rose to a colonelship in the army before his discharge, one is a dental technician and social worker, and all are useful and dedicated citizens. They feel that they owe much of their success to the high ideals they developed in their childhood through taking part in the Spartan group.

Thus, you can see that a child will not only enjoy *The Seven Spartans* but will gain valuable character instruction from it. Attractively bound in green, and illustrated with silhouette drawings by Florence McCurdy, the book is priced at \$1.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

A Study in Assent

James Dillet Freeman

October trees stand tranquil and content,
A study in assent;
Compliant to the everlasting will,
Trees know how to be still
And find delight simply to be alive,
Feeling no need to strive;
They have a time for growth and rest from
growth,
And they rejoice in both.

I see no cause why I who am a man
Should be less tranquil than
A tree. I need to grow, yet need no less
A heart of quietness.
Lord, let me have trust like a tree's to give
Myself to life, and live;
In all my bustle to become, let me
Also find time to be.

